

the use of smoke in magic & ritual to object, or person

## HERBS FOR CENSING

## INCENSE FOR CENSING

Clary & Common Sage Cedar & False Cedar Pine Juniper

Rosemary Lavender Lemongrass Mugwort Sandalwood Frankincense Copal Clove

Cinnamon Lavender

## SIMPLE CENSING RITE

Supplies: the herb bundle of your choice, your cauldron (prepared with a generous bed of sand to absorb excess beat), & matches or a lighterfi

- 1. Before beginning, cleanse your space as much as possible of clutter, debris, and cobwebs if needed.
- 2. Light your herb bundle and place it gently in the cauldron, taking a moment to center your focus as the herbs begin to produce the smoke you need.
- 3. Using your hand or a feather/feather-fan, begin fanning the smoke around the space, moving in the same direction constistently as you go. If you ar indoors, make sure to fan the smoke into every nook and cranny. If you miss a cabinet or a closet, do not move backward, but circle the room another time to cense any places you missed on the first go-round. If you are outdoors, simply walk around the area you intend to cleanse and let the natural air carry the smoke around the entire space for you.

4. As you work, say:

As burns flame, so burn away these leaves & herbs.

As lifts the smoke, so lifts away all unwanted energy.

As clears the air, so clears this space.

5. When you have circled the space completely and every corner has been censed, return to the place from which you started and announce:

This space is cleansed & claimed by me, to do with as I will. Let nothing I removed return. Let nothing trespass here against my will.

Let nothing I removed return.

Let nothing trespass here against my will.

NOTES: